

“Rehearsal for Reality: Micro Forum Theatre Scene”

In the following Micro-Role-Play you have the possibility to explore various strategies in dealing with conflicts in a creative and constructive way.

- Read the story together,
- find players for the different roles,
- start the play.

At the moment the conflict situation escalates, the play will be stopped and others can intervene in order to try out different types of behaviour to change the situation. In the end we will discuss the result.

The story: “Ivanas anger”

Imagine the following situation:

- Wednesday evening
- 20:45h
- The family is at home.
- Mother: is washing the dishes
- Father and brother(s): are watching sport/TV
- Ivana: is in her room, skyping (phoning) with her best friend

Ivana learns from her friend that her cousin from Australia is at her house that night. Ivana would like to go there and meet her, because she has been interested in Australia for quite a while. She talks to her parents that she wants to visit with her friend.

Some ideas for the following conversation:

Father: “Now? It’s far too late to go out!”

Brother: “Don’t make such a noise, I want to watch TV.”

Mother: “5 minutes ago you were too tired to help me in the kitchen!”

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The conflict escalates!

Ivana: “You are all mad! I hate this family!”

Your task:

1. Play the conflict:
 - Find at least 4 actors for the play.
 - Improvise the play according to the description.
 - The play stops when Ivana says: “You are all mad! I hate this family!”
2. Play various solutions:
 - One actor (or more) can be replaced by someone from the audience.
 - Start the play from the beginning. The new person can bring in a new strategy.
3. Discuss:
 - Did a different behaviour change the situation? If yes, how and why?